

# In-Person 2 CE Training

## EATING DISORDERS AND POSTPARTUM: Staying Connected to Self and Recovery

Undoubtedly, the transition into parenthood can be a stressful life event. Individuals with eating disorders are at a risk for relapse during the postpartum period and are more likely to meet criteria for a perinatal mood disorder, yet regular screening for EDs during postpartum is uncommon in routine obstetrical care.

This presentation will focus on the postpartum period and the obstacles that may arise navigating recovery from an eating disorder. It will further demonstrate how to best prepare and plan appropriate treatment goals and interventions for individuals with eating disorders during the postpartum period to help decrease Perinatal Mood and Anxiety Disorders and relapse risk.

**Presented by:**



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**Friday, May 17, 2024**

**Breakfast and Registration • 9:00 am - 9:30 am (ET)**

**Seminar • 9:30 am - 11:30 am (ET)**

**Holiday Inn Hasbrouck Heights-Meadowlands**

**283 Route 17 South • Hasbrouck Heights, NJ 07604**



### **TO REGISTER:**

Visit [www.renfrewcenter.com/events](http://www.renfrewcenter.com/events)

Cost: \$20. Space is limited.

For questions, contact  
[events@renfrewcenter.com](mailto:events@renfrewcenter.com).

